

## **Online Home Schooling for Moorish Children**

## Physical Education Program Permission Form



The physical education program at Online Schooling for Moorish Children, is based on use of internet videos, design for children and adult participation. The program is designed to provide healthy, recreational, aerobic and strength building activities; to enable all students an opportunity to achieve total physical fitness. Students will participate in cardio and strength building exercises, giving a sense of sportsmanship and a positive attitude toward physical conditioning; all children are encouraged to participate.

Health and safety training concepts are taught to students, allowing the opportunity to stay abreast of current trends while making intelligent decisions that are healthy and impactful toward physical fitness.

I give my child
permission to participate in the Online Home Schooling for Moorish
Children Physical Education Program.
☐ My child has no health issues that will cause him/her not to participate
☐ My Child has health issues and cannot participate.
Parent/ Guardian:
Print:
Parent/ Guardian:
Signature:

Moorish Nation National Education Society 2015